

Beaumont 50+ Club

5204 A - 50 Avenue
Beaumont, AB T4X 1E3

Club Phone: 780-929-5333

Email: beaumont50plusclub@gmail.com

Newsletter

March, 2023

Tradition and Ritual

Club members enjoyed a delicious all-morning breakfast on February 21st, the ritual and tradition of **Shrove Tuesday / Pancake Day** *Did You Know that ...*

- the term “Shrove” refers to being absolved of sins after confession,
- this is the day before the beginning of Lent, biblically significant as the 40 days of Jesus Christ withdrawing into the desert, thus the fasting,
- traditionally during Lent, Christians gave up rich, tasty foods such as butter, eggs, sugar, and fat. Shrove Tuesday was the last chance to use up these foods (pancakes is a natural!),
- it may have been St. Augustine, the first Bishop of Canterbury, who introduced the Roman Catholic fasting rules to England in the Middle Ages.



In modern times, the reasons, traditions and rituals have melded and changed as families and communities adjust to new situations, but some childhood memories remain. Thanks to all those who helped with this event!



Weekly Club Activities

Daily Access Fee: *Pay once and enjoy activities all day (Members \$2, Non-Members \$4)*

Coffee Club:	Monday to Saturday 9 - 11 a.m.
Cribbage & Pool:	Mon. to Sat. 9 - 11 a.m.
Canasta:	Mon. 1 p.m. <i>Donna</i> 780-929-3585
Pickleball:	Tues./Thurs. 9-11 a.m. <i>Tina</i> 780-914-8880
Exercise:	Mon./Wed. 11 a.m. to Noon <i>Jeannette</i> 780-737-1018
Bridge:	Tues./Thurs. 1 - 3:30 p.m. <i>Mona</i> 780-929-1253
Bingo:	Wed. 7:30 p.m. <i>Everyone welcome!</i>
Floor Curling:	Wed. teams 1:30 and Thurs. drop in 7 p.m.
Darts & Pool:	Friday 7 p.m. <i>John A.</i> 1-250-715-6986
Quirky Quilters:	Bi-weekly Thurs. 7-9 p.m. next one Mar. 16 <i>Audrey</i> 780-929-8212

Have you checked out the new **Activities Calendar** on the Club website? It's a great tool for finding what's on, every day of the week, every week of the current month – and the next!

Next Sunday Brunch is April 2, 2023 *Members \$15 Non-Members \$17*

Board of Directors 2023

EXECUTIVE		
Bill Daneluik	President	587-357-5206
John Atherton	Vice-President	1-250-715-6986
Linda Cust	Treasurer	1-403-304-7415
Barb Willis	Secretary	780-929-8932
Phil Lee	Past President	780-335-9664

DIRECTORS	
George Brademann	780-929-5859
Norm Morris	1-403-586-9935
Vic Hankey	780-975-6556
Olga Janzen	780-440-9406
Yash Sharma	780-200-0246
Barry Girvan	780-929-6677
Robert (Rob) Huggan	780-718-2622
Greg Vera	587-434-9311

Committee Chairs: Finance: Bill; Activities/Fundraising: Norm; Operations/Maintenance: John A. and others; Communications: Barb; Membership: Tina
Hall Rentals: Terry Ellis 587-988-9598
Transportation: Gilbert Shantz 780-929-9500
Newsletter: Ilona Ryder ryder.ilona@gmail.com

We Need You!

A volunteer email list has been set up to make it easy for you to give a little of your time. Just fill out the form available through the link on the electronic version of the newsletter, or copy this link into your browser: <https://forms.office.com/r/Zp7Q9Ss8Kt> The form is also AVAILABLE AT TODAY'S BRUNCH. What areas do you have experience in? Using your life skills in retirement is a proven happiness-maker!

Club Announcements

- **Friday, March 17**, St. Patrick's Day Potluck Supper/Games Nite. Doors & Cash Bar open at 5PM. Please bring your contribution by 5:15. EAT at 5:30. Games start at 7 pm. Cost is your surprise potluck item.
- **Monday, Mar 20**, 9-noon Birthday cake with your coffee followed by a Speakers Corner presentation for creating a "Survivor's Guide" as part of estate planning.
- Donations accepted now for the Garage Sale, **May 12, 13**. No clothes or furniture, please.

SUPPORT OUR BUS:

- The weekly **Thursday** Shopping trip is for all 50+ residents of Beaumont. For home pickup, call Colette at 780-929-6039. **Next shopping trip is March 9 to Sherwood Park**
- For the monthly **Wednesday** River Cree Casino trips, pick-up is at Place Beauséjour. Please call Gilbert 780-929-9500. **Next casino trip is March 15**

BEAUMONT LIBRARY (*Library cards are free. No charge for events; call 780-929-2665 to register.*)

- **Tuesday, Mar 14**, 1:00 pm **Seniors Corner:** Chartier's Bread Whisperers chat about bread and teach you how to make sourdough at home.

March 5 -- This Day in History -- by Gary A. Ryder

- 1461 **King Henry VI** of England was deposed by the Duke of York during the War of the Roses.
- 1770 **British Troops** opened fire on an unruly crowd in Boston, Massachusetts, killing five Americans. The incident has been dubbed the "Boston Massacre."
- 1933 In Germany, the Nazis won almost half the seats in the national election.
- 1946 While on tour in the USA, in a speech about the emerging Russian threat after WWII, **Sir Winston Churchill** said, "An iron curtain has descended across Europe."
- 1953 **Joseph Stalin**, who forged the U.S.S.R. into a global superpower, died of brain hemorrhage.

For more information on Club activities, contact Norm Morris 1-403-586-9935, Email nwmorris@telus.net and check the Club website <https://www.beaumontseniors.net/>