

# Beaumont 50+ Club

5204 A - 50 Avenue  
Beaumont, AB T4X 1E3

Club Phone: 780-929-5333

Email: [beaumont50plusclub@gmail.com](mailto:beaumont50plusclub@gmail.com)

**Newsletter**

**October, 2023**

## FCSS Speakers' Corner

Over a year ago, Dinah of FCSS approached us with this idea. Now, with the Activities Committee's plan to add it to Birthday Mondays, it's bound to become a staple.



In August, artist Arlene Western's painting workshop. Doing art is said to enhance cognitive function and improve memory: we can all benefit from that! Participants were given a blank canvas, blobs of paint, a brush, and water. Arlene's undemanding help made it a relaxing experience, with a piece of art to take home.

Alberta. Founded in 2001 by a group of concerned caregivers, the organization strives to empower caregivers and promote their well-being by providing resources, mental health support, and education for Albertans caring for family members or friends.

We also met Pam who is taking over when Dinah retires this month. We thank them both for including our Club in their work with Beaumont seniors. If you can think of topics that would be of interest, please contact Ilona or Barb Willis, and we will forward them to Pam.



In September, Johanna and Carole presented the work of Caregivers

## Weekly Club Activities

Daily Access Fee: *Members \$2, Non-Members \$4*

<b>Coffee Club:</b>	Mon. to Sat. 9 - 11 a.m.
<b>Cribbage &amp; Pool:</b>	Mon. to Sat. 9 - 11 a.m.
<b>Canasta:</b>	Mon. 1 pm <i>Donna</i> 780-929-3585
<b>Pickleball:</b>	Tues./Thurs. 9-11 am <i>Tina</i> 780-914-8880
<b>Exercise:</b>	Mon. 11-12 (other days will resume soon) <i>Jeannette</i> 780-737-1018
<b>Bridge:</b>	Tues./Thurs. 1 - 3:30 pm <i>Mona</i> 780-929-1253
<b>Bingo:</b>	Wed. 7:30 pm <i>Everyone welcome!</i>
<b>Floor Curling:</b>	Wed. 1:30 p.m. starting October 11. <i>Doug</i> 825-474-2374
<b>Darts &amp; Pool:</b>	Fri. 7 pm <i>John A.</i> 1-250-715-6986
<b>Quirky Quilters:</b>	Bi-weekly Thurs. 7 p.m. Next one Oct. 5. <i>Audrey</i> 780-929-8212

For more information, contact **Norm Morris**: phone 1-403-586-9935, email [nwmorris@telus.net](mailto:nwmorris@telus.net) and check out the **Activities Calendar** on the website <https://www.beaumontseniors.net/>

**Next Sunday Brunch**

**T.B.A.**

**\*Members \$15 Non-Members \$17\***

# Board of Directors 2023

EXECUTIVE		
Bill Daneluik	President	587-357-5206
John Atherton	Vice-President	1-250-715-6986
Linda Cust	Treasurer	1-403-304-7415
Barb Willis	Secretary	780-929-8932

**Committee Chairs:** Finance: Bill; Activities/Fundraising: Norm; Operations/Maintenance: John A. and others;  
Communications: Barb; Membership: Tina 780-914-8880  
**Hall Rentals:** Terry Ellis 587-988-9598  
**Transportation:** Yash Sharma 780-200-0246  
**Newsletter:** Ilona Ryder [ryder.ilona@gmail.com](mailto:ryder.ilona@gmail.com)

DIRECTORS	
George Brademann	780-929-5859
Norm Morris	1-403-586-9935
Vic Hankey	780-975-6556
Olga Janzen	780-440-9406
Yash Sharma	780-200-0246
Barry Girvan	780-929-6677
Robert (Rob) Huggan	780-718-2622
Greg Vera	587-434-9311

## Club Membership:

The annual fee of \$25 per person is due: Deadline October 31. Preferred payment is by e-transfer. Application/Renewal Form required. Thanks to everyone who has already paid.

## Announcements – *\*see Posters for details\**

- **Monday, October 16**, Birthday cake with your coffee at 10. Speaker's Corner T.B.A.
- **Friday, October 20**, 1 to 3 pm – Jam Session *Open to the public; drop-in fees apply.*
- **Saturday, October 21**, \***Oktoberfest**\* tickets \$20 p.p. **SOLD OUT!**
- **Tuesday, October 24**, 9 – 11 am – Flu Clinic

## Support Our Bus

- **Weekly Thursday** shopping trip for all 50+ Beaumont residents. **For home pickup, call Colette anytime until Wed. 5:30 pm (new number 780-996-3043) Next trip is Oct 5 to Kingsway.** (NOTE: Oct. 12 trip destination is changed from Northgate to St. Albert Centre)
- For the **monthly Wednesday** River Cree Casino trips, pick-up is at Place Beauséjour. Call **Sandy 780-984-0854. Next casino trip is Oct 25.**

## Beyond the Club

- **Tuesday, October 10, 1-2 pm.** Beaumont Library Seniors Corner. Ilona Ryder presents her new book **Art in the City**. Registration encouraged; drop-ins welcome.
- The **Rig Hand Distillery** trip on Sept 20 was a great success. **A Big Thanks** to Madeleine O. and Linda C. for organizing, and the bus driver Barb for coming out of retirement to drive.



# Happy Thanksgiving!



- Why did they let the turkey join the band? > Because he had his own drumsticks.
- What's a turkey's favorite Thanksgiving food? > Nothing—it's already stuffed.
- What kind of noise does a limping turkey make? > Wobble, wobble.
- What did Han Solo say to Luke Skywalker on Thanksgiving? > May the forks be with you.

