

Beaumont 50+ Club

5204 A - 50 Avenue
Beaumont, AB T4X 1E3

Club Phone: 780-929-5333

Email: beaumont50plusclub@gmail.com

Newsletter

November, 2023

Every Sunrise Holds the Promise of a New Day

The sun appears to “rise” on the horizon, but it’s really the Earth twisting to the left on its axis, rolling toward the East. As Daylight Savings Time ends and we enter the months of short days and long nights, it’s even more precious to stop and take a few minutes to watch the sunrise.



Photo: Ilona Ryder

Then come on out to the Beaumont 50+ Club! The coffee’s on, the cookies are out, and friendly faces welcome you. “Socializing not only staves off feelings of loneliness, but also it helps sharpen memory and cognitive skills, increases your sense of happiness and well-being, and may even help you live longer” (Mayo Clinic article).

Weekly Club Activities

Daily Access Fee: Members \$2, Non-Members \$4

Coffee Club:	Mon. to Sat. 9 - 11 a.m.
Cribbage & Pool:	Mon. to Sat. 9 - 11 a.m.
Canasta:	Mon. 1 pm <i>Donna</i> 780-929-3585
Pickleball:	Tues./Thurs. 9-11 am <i>Tina</i> 780-914-8880
Exercise:	Mon./Wed. 11-12 <i>Jeannette</i> 780-737-1018 (cancelled Mon. Nov. 20)
Bridge:	Tues./Thurs. 1 - 3:30 pm <i>Mona</i> 780-929-1253
Bingo:	Wed. 7:30 pm <i>Everyone welcome!</i>
Floor Curling:	Wed. 1:15 and 2:30 p.m. <i>Doug</i> 1-825-474-2374
Darts & Pool:	Fri. 7 pm <i>John A.</i> 1-250-715-6986
Quirky Quilters:	Bi-weekly Thurs. 7 p.m. Next one Nov.16 <i>Audrey</i> 780-929-8212

For more information, contact **Norm Morris**: phone 1-403-586-9935, email nwmorris@telus.net and check out the **Activities Calendar** on the website <https://www.beaumontseniors.net/>

Next Sunday Brunch

December 3rd

Members \$15 Non-Members \$17

Board of Directors 2023

EXECUTIVE		
Bill Daneluik	President	587-357-5206
John Atherton	Vice-President	1-250-715-6986
Linda Cust	Treasurer	1-403-304-7415
Barb Willis	Secretary	780-929-8932

DIRECTORS	
George Brademann	780-929-5859
Norm Morris	1-403-586-9935
Vic Hankey	780-975-6556
Olga Janzen	780-440-9406
Yash Sharma	780-200-0246
Barry Girvan	780-929-6677
Robert (Rob) Huggan	780-718-2622
Greg Vera	587-434-9311

Hall Rentals: Terry Ellis 587-988-9598
Transportation: Yash Sharma 780-200-0246
Newsletter: Ilona Ryder ryder.ilona@gmail.com

Club Membership: Annual membership fee is only \$25 per person. Contact Pat 587-474-9444

Volunteers Needed for BINGO positions: Admission/cashier, Concession, Bonanza seller/bingo checker, Paymaster. Contact Angela Vincent, 780 868 3519

Announcements – **see posters/schedules for details**

- ***New* Thrifty Toonie Tuesday:** Bring items to donate or \$2 to buy. First one will be on **Tuesday, Nov. 7 – Books and Puzzles ...**
- **Friday, Nov. 17** Music Jam 1-3pm
- **Monday, Nov. 20,** Birthday cake 10. Health Needs Assessment Survey 10:30 - 12
- **Friday, Nov. 24** Pot Luck Supper and Games Night. Arrive 5 pm; meal 6 pm

Support Our Bus - **see schedules for details**

- **Weekly Thursday** shopping trip for all 50+ Beaumont residents. **For home pickup, call Colette** anytime until **Wed. 5:30 pm** (new number **780-996-3043**) **Next trip Nov. 9 Walmart Millwoods**
- For the **monthly Wednesday** River Cree Casino trips, pick-up is at Place Beauséjour. Call **Sandy 780-984-0854. Next casino trip is Nov. 22**

Beyond the Club

- **Tuesday, November 14, 1-2 pm.** Beaumont Library Seniors Corner. Stories from **Drive Happiness.** Registration encouraged (780) 929-2665) but drop-ins are welcome.
- **Paid position** City of Beaumont. Public skate monitor. Contact Tina Connolly 587-882-2836.

Lest We Forget

In 1921, the **Great War Veterans' Association**, the largest of several Canadian veterans' groups, adopted the poppy as **Legion**, formed in worn on the left lapel of soldiers in times of



November 11 is

a symbol of remembrance. The **Canadian** 1925, continued this connection. The poppy was and close to the heart to recognize the sacrifice war.

Support your local poppy drive.

